

Amilla  
MALDIVES

SMALL  
LUXURY  
HOTELS  
OF THE WORLD

Considerate Collection



# NUMTHIP PUNTHA (AMP)

20 FEBRUARY 2026 – 25 MARCH 2026

Originally from Thailand, Amp is a physiotherapist with a diverse background in wellness and alternative medicine. Expert in Lifestyle Medicine, Sound Healing, and Chi Nei Tsang, she bridges the gap between physical science and spiritual wellbeing to restore the body's natural energy flow.

Combining clinical precision with integrative therapies, Amp provides a pathway toward resilience, mental clarity, and seasonal balance.

## 1:1 SESSIONS

|   | MINUTES | USD |
|---|---------|-----|
| <b>HEALING TOUCH MASSAGE</b><br>Emotional Release & Energy Healing    | 90      | 330 |
| <b>MANUAL LYMPHATIC DRAINAGE</b><br>Detoxification & Enhance Immunity | 90      | 330 |
| <b>TIBETAN SOUND HEALING</b><br>Emotional Wellness & Energy Enhancing | 60      | 260 |
| <b>CRANIAL RELEASE</b><br>Emotional Wellness & Energy Enhancing       | 60      | 260 |

Prices are in US Dollars per person and are subject to a 10% service charge and 17% TGST.  
Please book with your Katheeb(a) or contact Javvu Spa reception.

|   | MINUTES  | USD        |
|---|----------|------------|
| <b>REIKI HEALING</b><br>Emotional Wellness & Energy Enhancing | 60       | 260        |
| <b>CHI NEI TSANG</b><br>Emotional Release & Detoxification    | 60<br>90 | 260<br>330 |

### COMPLIMENTARY CLASSES

SOUND BATH — 30 MIN

SIXES HEARING SOUND CLASS— 30 MIN